## JKPS's Adventurous Excursion to Rocksports Camp Dehradun

From May 13th to 15th, 2024, students from Jaspal Kaur Public School embarked on an exciting trip to Rocksports Camp in Dehradun. This three-day adventure was packed with a variety of activities, providing students with an unforgettable experience of fun, learning, and camaraderie. provided the children with an opportunity to stay in camps, engage in a variety of thrilling activities, and bond with their friends in a serene and beautiful environment.

Upon arrival, the children were divided into several groups, each led by a skilled trainer. These trainers guided the students through various activities, offering motivation and support to ensure everyone had a fun and fulfilling experience. The group-based approach helped the children build strong bonds and work collaboratively towards common goals.

The camp offered a plethora of adventure activities that the children thoroughly enjoyed. These included:

- **Zip Lining:** A thrilling ride through the air, offering breathtaking views of the forest.

- **Trekking:** Guided hikes through the lush greenery of Dehradun, enhancing their appreciation of nature.

- **Hangman:** A test of strength and endurance that the children enjoyed immensely.

- **Rope Climbing:** An exciting challenge that helped build physical strength and coordination.



These activities not only tested their physical abilities but also fostered teamwork and resilience.



The camp was set amidst a serene and beautiful environment in the middle of the forest. Away from gadgets and the hustle of daily life, the children immersed themselves in nature. They enjoyed good food and the calm surroundings, which added to the overall experience. The camp also included enriching educational sessions like 'Astronomy Lessons' where the children learned about stars and constellations and viewed live images of the moon and stars through telescopes. They also received guidance on preserving the forest and maintaining a clean and healthy environment.



Throughout the camp, all necessary safety measures were implemented to ensure the children's security and well-being throughout the trip. Trainers and camp staff were vigilant and well-prepared to handle any emergencies.

Children were encouraged to keep journals to document their feelings and observations. This reflective practice helped them recognize the changes in their behavior and outlook after participating in the camp's rigorous activities.



The camp organized a series of recreational activities to ensure a fun-filled and memorable experience for all students. To cater to the comfort and preferences of all campers, separate pool time sessions were organized for boys and girls. This arrangement allowed everyone to enjoy the pool facilities without any hesitation, fostering a relaxed and enjoyable environment. One of the highlights of the camp was the DJ night, where children had the opportunity to let loose and dance to their favorite tunes. The event was carefully planned to provide a safe and lively atmosphere.

A visit to the Forest Research Institute was a highlight of the trip. The children observed working models and gained hands-on experience, learning about the crucial role of forests and wildlife in our ecosystem.



## **Rewards and Recognition**

To celebrate their achievements, the children were given goodies and prizes based on various activities and parameters. This recognition boosted their morale and made the experience more memorable.



Overall, the trip to Rocksports Camp Dehradun was a tremendous success. It provided a perfect blend of adventure, education, and personal growth. Both children and parents believe that such trips are invaluable for the overall development of young minds. We look forward to organizing more such enriching experiences in the future.



Thank you so much everyone for taking care of our children and making every moment alive . Let's cheer for memorable journey

Hats off to all the teachers and athourities 😌

Thankyou so much teachers and staff for taking care of our children and making this trip a memorable one ☺ Thankyou so much everyone ∰ We are so thankful to all the teachers, staff and school administration for making this program and taking care of all children with great love. This kind of tour is very important for their personality development. I have no words to express my gratitude towards all of you. Regards